



St John's Cathedral 聖公會聖約翰座堂

Anglican Diocese of Hong Kong Island
Hong Kong Sheng Kung Hui

*'St John's Cathedral is a place of God's grace, welcoming all,
following Christ and changing lives in the heart of Hong Kong.'*

THE FIRST SUNDAY OF LENT 9TH MARCH 2025

8.00am Said Eucharist

Celebrant and Preacher: The Revd Canon Dwight dela Torre
Reader: Ben Lee

9.00am Responsorial Eucharist (CW)

https://youtube.com/live/we_7BTp6uWo

Celebrant: The Revd Canon Dwight dela Torre
Preacher: The Revd Prof Philip Wickeri
Deacon: The Revd Amos Poon
Communion Setting: Mass of Christ the Saviour (Dan Schutte)
Hymns: 88, 530i, 492i, 89ii
Anthem: O for a closer walk with God
(Charles Villiers Stanford)
Readers: Martin Hills, Mark Tse
Intercessor: Kevin She

10.30am Sung Eucharist (Mandarin)

Celebrant and Preacher: The Dean

11.45am Choral Mattins

Officiant and Preacher: The Revd Amos Poon
Reader: Gareth Williams


1.30pm Sung Eucharist (Pilipino)

Celebrant: The Revd Sharon Langbis
Preacher: The Revd Canon Dwight dela Torre

5.00pm Healing Eucharist

Celebrant: The Revd Amos Poon
Preacher: The Revd Drew Courtright
Hymns: 88, 524, 92i, 492i
Reader: Zenaida Carias
Intercessor: Saki Tsoi

THIS WEEK AT ST JOHN'S CATHEDRAL

MON 10th March	8.00am	Said Eucharist
	12.25pm	<i>Meditation Group</i>
	1.00pm	One o'clock Prayer
TUE 11th	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	1.15pm	Said Eucharist
	7.00pm	<i>Bible Reading Fellowship (in person)</i>
WED 12th	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	6.00pm	Said Eucharist
THU 13th	8.30am	Said Eucharist
	1.00pm	One o'clock Prayer
	1.15pm	Said Eucharist
	2.30pm	<i>Parents and Toddlers</i>
	8.30pm	<i>Prayers for Peace (ZOOM)</i>
FRI 14th	8.00am	Said Eucharist
	STATIONS OF THE CROSS 12.15pm on Fridays in Lent	
		
	3.00pm	<i>Friday Fellowship Group (in person/ZOOM)</i>
	8.00pm	<i>'Among Us' (Youth Ministry)</i>
SAT 15th	8.30am	Said Eucharist
	12.00noon	Said Eucharist (<i>Filipino</i>)
	4.00pm	<i>Andrew Fellowship</i>
	6.00pm	Sung Eucharist (<i>Cantonese</i>) (Anticipated Sunday Service)
SUN 16th March <i>Genesis 15.1-12, 17-18</i> <i>Psalms 27</i> <i>Philippians 3.17-4.1</i> <i>Luke 13.31-end</i>	The Second Sunday of Lent	
	8.00am	Said Eucharist Celebrant and Preacher: The Revd Robert Martin
	9.00am	Sung Eucharist Celebrant: The Revd Amos Poon Preacher: The Dean
	10.30am	Sung Eucharist (Mandarin) Celebrant and Preacher: The Revd Amos Poon
	11.45am	Responsorial Eucharist—Provincial (Rite II) Celebrant and Preacher: The Dean
	1.30pm	Sung Eucharist (Pilipino) Celebrant: The Revd Canon Dwight dela Torre Preacher: The Revd Sharon Langbis
	5.00pm	Evening Prayer in Taizé style Officiant and Preacher: The Revd Will Newman

*Welcome to all who worship here today. Visiting communicants, of whatever Christian tradition, are invited to receive communion here. **No unauthorized photography, video filming or sound recording during the service. Please set your mobile phone to silent and refrain from using it during the service.***

COLLECT

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

FIRST READING

Deuteronomy 26.1-11

A reading from the book of Deuteronomy.

Moses spoke to the people, saying: When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us.' When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the

ground that you, O LORD, have given me.' You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

This is the word of the Lord.

All Thanks be to God.

SECOND READING

Romans 10.8b-13

A reading from the letter of Paul to the Romans.

What does scripture say? 'The word is near you, on your lips and in your heart' (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, 'No one who believes in him will be put to shame.' For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, 'Everyone who calls on the name of the Lord shall be saved.'

This is the word of the Lord.

All Thanks be to God.

GOSPEL READING

Luke 4.1-13

Hear the Gospel of our Lord Jesus Christ according to Luke.

All Glory to you, O Lord.

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone."'

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him."'

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to protect you", and "On their hands they will bear you up, so that you will not dash your foot against a stone."' Jesus answered him, 'It is said, "Do not put the Lord your God to the test."' When the devil had finished every test, he departed from him until an opportune time.

This is the Gospel of the Lord.

All Praise to you, O Christ.

POST COMMUNION PRAYER

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. **Amen.**



FOR YOUR PRAYERS THIS WEEK

In the worldwide Anglican Communion we pray for The Anglican Church of Canada.

Hong Kong Sheng Kung Hui (Anglican Province of Hong Kong & Macau); for the Most Revd Andrew Chan, our Archbishop and primate; for our Diocesan Bishop, the Rt Revd Dr Matthias Der, and for all bishops, priests and deacons within our diocese and province.

We also pray for St Mark's Church, Macau, the Revd Bartholomew Ma and the Revd Harry Ching, all the staff, council members and the congregation; for the ministry of family, adults, teenagers and children; for the ministry of Seac Pai Van in Coloane; the faith and maturity of church members; for the ministry in Choi Kou School Kindergarten and SKH Social Services Coordination office; for the evangelistic ministry to all the staff in school and social service centers, students, families and target group.

Within the Cathedral Parish we pray for the Cathedral Church and its various congregations, for the Dean and the chaplains; for our daughter churches; St Stephen's Chapel, Stanley, Discovery Bay Church and Emmanuel Church, Pokfulam; and their Priests in Charge. We also remember in our prayers Christians in Central, In Touch Magazine, Cathedral Bookstore, Mission For Migrant Workers, SJC Life Enrichment Centre, and St John's Counselling Service.

We pray for our link diocese of Toungoo in Myanmar, where the diocese is providing food, shelter, medicine, and basic education for several thousand villagers displaced by the civil war. We give thanks for the funds donated in our Advent Appeal for Toungoo, and we pray for Bishop Saw Sheesho and all the people of the diocese as they serve those in great need.

PRAYER REQUESTS

Please pray for those who are sick:

Nicole Tanjoco, Lai Sau Yuk, Ma Sau Yuen, Teresa Ray Li, Cheung Chik Wan, Jane Pang Tong, Sabrina Ho, Keith So, Pope Francis, Hung Yeung Pong Wah, Chew Tung Yim Fong, Joseph Chu, Lee Kit Ching Joseph, Fung Wan Nui, Hsu Hon Chung, Caitlin Berry, Alan Irvine, SoSo Mei Ping Wong-Leung, Irena Wu, Toung Ming, Eva Sorrel, Rozana Leung-Bishop, Sister Jean Mary, Sanson Lau, Arturo Lamshing, Robin Rowley, Daisy Tai, Therese Marie Gerarda Chan, Wanda Wan H, Annabella Janssen,

NOTICES

Raymond Yuen, Chuan Xiaokang,
Wanda Clay, Lucita Villareal, and
Sarah Wong.

Please pray for the recently departed:
Leung Wai Chiu, Neal John Clough
and Graeme Laird

In Memoriam:

Chew Ming Teck aka Chou Yi Tong

Please remember those named above
in your private prayers. To include
someone in this prayer list, please
contact Elisa, Tel: 2523 4157.

*REMARKS: Unless Elisa is contacted
(deanssec@stjohnscathedral.org.hk) with
advice to the contrary, names will be
removed from the Prayer Request list
after one month.*

PRAYERS FOR PEACE

For almost 3 years a small group of
parishioners has been meeting every
Thursday evening on Zoom to pray for
peace in Ukraine, in the Middle East,
in Myanmar and Sudan, and peace in
ourselves. We give thanks for the cease
fire in Gaza, and pray for all people of
goodwill to create a lasting peace. You
can join us at 8.30pm any Thursday.



ONLINE DONATION



[https://www.stjohnscathedral.org.hk/
Donation/default.aspx?lang=1](https://www.stjohnscathedral.org.hk/Donation/default.aspx?lang=1)

REFRESHMENTS in the Li Hall after 9.00am service



Please join us for light refreshments;
a good opportunity to renew acquaint-
ances, welcome visitors and new
friends while enjoying fellowship with
other parishioners.

CECILIA KWOK CHURCH MUSIC SCHOLARSHIP: OPEN FOR APPLICATION

The Cecilia Kwok Church Music Schol-
arship Fund offers scholarships of up
to HK\$100,000 to help young people
pursue studies relevant to church mu-
sic in establishments (in Hong Kong or
overseas) approved by the trustees, to
help develop their potential to become,
in future years, choirmasters or organ-
ists at the Cathedral or its daughter
churches.

Candidates should be:

- members of St John's Cathedral, a
daughter church or another Hong
Kong Sheng Kung Hui parish, or their
children; or choir members there with
two years good attendance;
- at least 12, and under 30, on 1st Sep-
tember 2025;
- musically talented and have at least
these ABRSM grades (or equivalent)
 - ABRSM grade 8 (or equivalent) in
singing;
 - or grade 6 (or equivalent) in piano
with conducting experience;
 - or grade 8 in piano or grade 6 in
organ (or equivalent) with choral
experience.

Application form is now available on
the Cathedral website. Deadline for
application: **Monday, 7th April 2025**

Please contact our Director of Music,
Mr Felix Yeung at [felixyeung@stjohns
cathedral.org.hk](mailto:felixyeung@stjohnscathedral.org.hk) or the Cathedral
Office for further details.

GET READY FOR A TRANSFORMATIVE LENTEN JOURNEY!

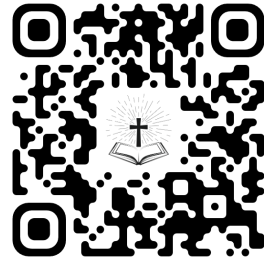
This year, the Chapter has set the theme of “Hospitality and Welcome” for St John’s. Over this Lenten period, we invite you to explore how God’s love and inclusivity are demonstrated through the Bible with reflections written by our chaplains. From the Beatitudes to the Feeding of the 5000, each day’s passage is carefully selected to inspire you to embody God’s hospitality in your daily life.

Just as God welcomes us, as you journey through Lent, consider how you can welcome others into your life and community. Reflect on how you can demonstrate God’s love to those around you, and how you can create a sense of belonging and peace in your daily interactions.

Our mission is to be a place where everyone is welcome to rest and find peace. Let this Lenten reflection booklet guide you in living out this mission in your own life.

You may scan the QR code for an e-version.

Please join us on this transformative journey of Hospitality and Welcome!



Lent Courses at St John’s Cathedral

The Lent Course follows the daily gospel readings by the cathedral clergy. Read the book, or listen in by joining the cathedral WhatsApp.

COURSES

Tuesdays

11th, 18th, 25th March, 1st, 8th, 15th April

12.30-1.30pm (*English*) in the Upper Room

11th, 18th March, 1st, 8th, 15th April

7.00pm (*English BRF*) in the Conference Room

Fridays

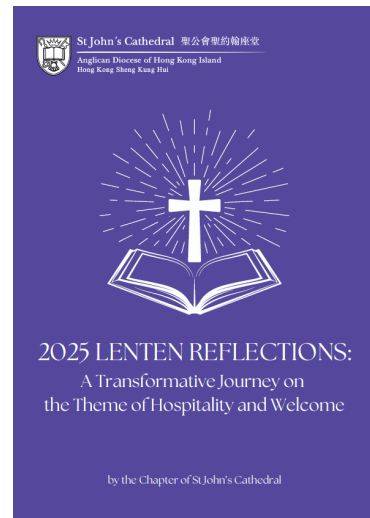
14th, 21st, 28th March, 11th April

3.00pm (*English*) Harold Smyth Room

Saturdays

8th, 15th, 22nd, 29th March, 5th, 12th, 19th April

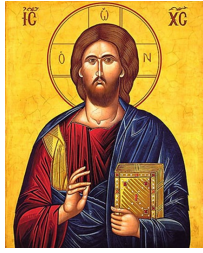
3.00pm (*Pilipino*) Fanny Li Hall



The Annunciation of Our Lord to the Blessed Virgin Mary

Tuesday 25th March 2025
7.30pm Sung Eucharist

Celebrant: The Revd Drew Courtright
Preacher: The Dean



Faith Begins:

**The Christian Faith explored,
discussed and enjoyed!**

on Wednesday evenings starting at 7.00pm
followed by a talk and discussion.

‘Faith Begins’ is a course for adults who have been regularly attending services in St John’s Cathedral or the daughter churches for at least 6 months, and who want to belong to the Anglican Church and become part of the regular worshipping community.

‘Faith Begins’ includes talks and discussion about many different aspects of Christian belief and living as a Christian. It leads to baptism and confirmation at St John’s Cathedral, when you commit yourself to following Jesus Christ.

The next ‘Faith Begins’ will start on 19th March 2025, continues every Wednesday up to 4th June. The Baptism and Confirmation Service will be held in the cathedral on 8th June at 5.00pm.

How do I enrol? Just email Fr Amos amospoon@stjohnscathedral.org.hk

Registration deadline:

11th March 2025

Course Fee: HKD1,000-



HKSKH Diocese of Hong Kong Island Gospel Rally 2025

Saturday 17th May 2025

Cycle of Prayer

- Sunday:** Pray for the Most Revd Datuk NG Moon Hing, the speaker of the Gospel Rally.
- Monday:** Pray for relatives and friends struggling in life, suffering from physical, mental and spiritual distress.
- Tuesday:** Pray for the willingness of parishioners in the diocese to share their testimonies with non-Christian relatives and friends.
- Wednesday:** Pray for the zeal of parishioners in leading people to the Gospel Rally.
- Thursday:** Pray for the current or planned missionary work of each church in the diocese, and for the cooperation between each church and school(s) or social service unit(s).
- Friday:** Pray for the clergy and those who will lead the Gospel Rally; pray for the brothers and sisters in Christ who will participate in various creative works.
- Saturday:** Pray for the organizing committee members, working group members and volunteers in the Gospel Rally.

ST JOHN'S CATHEDRAL MINISTRY TEAM

Dean

The Very Revd Kwok-keung Chan

Clergy Ministry Co-ordinators:

Chinese Ministry -
The Revd Canon Peter Koon
The Revd Amos Poon

Christian Education - The Revd Will Newman
(*Priest-In-Charge of St Stephen's Chapel, Stanley*)

Filipino Ministry -
The Revd Canon Dwight dela Torre
The Revd Sharon Langbis

Liturgy and Spirituality - The Revd Robert Martin CMP
(*Priest-In-Charge of Emmanuel Church, Pokfulam*)

Mission and Ministry - The Revd Amos Poon

Youth Ministry - The Revd Amos Poon

The Revd Drew Courtright
(*Priest-In-Charge of Discovery Bay Church*)

Honorary Chaplains:

The Revd Professor Philip Wickeri
The Revd Polly Wong Heung-fong

Executive Administrator:

Mr Thomas Li

Serving the wider community:

SJC Counselling Service
Mission for Migrant Workers
SJC Life Enrichment Centre
Cathedral Bookstore
CLARES/Castaways
Prison Ministry



Safeguarding Co-ordinator:

Mr Jason Wong

Information about St John's Cathedral and its ministries can be found on the notice boards and on the website: www.stjohnscathedral.org.hk.

Clergy are here to listen and help. Please feel free to speak to one of them after the services, or make contact during the week: St John's Cathedral, Tel: 2523 4157

Welcome to St John's Cathedral!

Please complete this form and hand it to one of the Clergy, a Sidesman or the Welcome Table.

Surname: _____

First Name: _____

Name of spouse (if applicable) _____

Names and ages of children (if applicable) _____

E-mail: _____ Phone: _____

Please circle as appropriate:

I attend the 8.00am/9.00am/10.30am/11.45am/1.30pm/5.00pm service.

I am interested in finding out about: Sunday School / Cathedral Choir / CLARES / Baptism & Confirmation / Flower Guild / Sidesman / Servers Guild / Fellowship Group / Stewardship Scheme / Uniformed Group.

Other questions / information: _____

I do not agree to receive any promotional materials from St John's Cathedral.

This information is collected in accordance with the Personal Data Privacy Statement as published on the St John's Cathedral website at 'www.stjohnscathedral.org.hk'.